

# **Management in health care by using health programs**

## **Summary**

**Keywords:** health care management, health programs, health measures, Coordinated Health Care, Value Based Health Care

In the modern world, the health care sector is a very important issue, e.g., in the strategy of the voivodeship authorities or the policy of the national government. A lot of time in various spheres of everyday life is devoted to statements regarding the management in health care, which affects the functioning of the entire health care sector.

In Poland, the transformation and reform of the health care system is an important and widely discussed problem, both in the field of management and economic and social issues.

The development of new, extremely expensive medical technologies, as well as their introduction to work, new treatment options, the emergence of innovative drugs increase the costs of health care. Searching for ways to better manage health care resources, and thus improve the efficiency of their use, is of the utmost importance, because not only the state is forced to reduce spending on health care, but above all households.

One of the instruments used by decision-makers are health programs or health prevention programmes. Their implementation and proper performance are the responsibility of local government units, the Ministry of Health or the National Health Fund. From the citizen's point of view, it is not important who is responsible for adapting and financing a given health program, but for the efficient functioning of the health care system, the division and scope of responsibilities becomes a key issue. The naming distinction was enshrined by the legislator only in 2014, and implemented on January 1, 2015. This contributed to an organizational problem that has not been resolved to this day, and additionally, changes in the Public Health Act regarding health programs and their financing from 2017 seem to be the reason for the emergence of further problematic situations.

The research problem presented in the doctoral dissertation is the recognition of relationships between individual entities in the health care system on the basis of national, regional and local documents, in the context of the effectiveness of health care management in Poland.

With regard to the research problem, the following research questions were::

1. What are the procedures for the implementation of health programs?

2. Is there equal access to information from the participants of the health system?
3. Do health programs respond to the health needs of residents and how?
4. How do the applicable procedures affect the effectiveness of financing the implementation of health programs?
5. Is there a common set of measures to assess the implementation of health programs in the context of improving the health system?

With regard to the empirical part of the doctoral dissertation, the characteristics of strategic documents relating to health and problems arising from actions taken for them, including their implementation, were made by means of an analysis of strategic documents concerning health, including health care management through health programs on the example of the Lodz Voivodeship.